**LIFE UNIVERSITY BOARD OF TRUSTEES MEMBER DR. JAY HANDT RECEIVES NEW BEGINNINGS LIFETIME ACHIEVEMENT AWARD**

**Marietta, Georgia, June 10, 2021 –** [Life University](https://www.life.edu/) (LIFE) [Board of Trustees](https://www.life.edu/about-pages/university-leadership/board-of-trustees/) member Dr. Jay Handt received the [New Beginnings Lifetime Achievement Award](https://www.nbchiro.com/lifetime-achievement-award) at its May seminar in Asbury Park, New Jersey. According to New Beginnings, this award is given to a chiropractor or other individual associated with the profession of Chiropractic who has, through their lifetime, gone above and beyond for the advancement of Chiropractic. The recognition is for their sustained dedication and leadership in Chiropractic, to honor them for their chiropractic excellence and outstanding performance, and for their individual contribution over their entire career.

“Dr. Jay has been an intricate part of New Beginnings since its inception,” said New Beginnings founder Dr. Jim Dubel. “He was included in this elite group of our profession and rightfully deserves it.”

Dr. Handt is one of only 14 chiropractors to receive this prestigious award, and the list of recipients is a who’s who of chiropractors, with past recipients including Drs. Sid Williams, James M. Sigafoose, Chuck Ribley, Guy Riekeman and Gerry Clum, all of whom have strong ties to LIFE.

Dr. Handt has been a member of the New Beginnings Executive Board for 30 years, and he and his wife Kathi Handt were co-founders of the organization. He’s been in private practice for 44 years at New York Chiropractic Life Center in New York City and is a both a founding member of [LIFEforce](http://www.lifeforce.life.edu/) and the New York Chiropractic Council. He has been an unwavering supporter of LIFE’s [President’s Circle](https://alumni.life.edu/PC) and loves being a facilitator at [LIFE Leadership Weekends](https://www.life.edu/admissions-pages/visit-life/life-leadership-weekend/), helping prospective students discover how Chiropractic fits in their lives.

Founded in 1974, Life University is a health sciences institution most known for its [Doctor of Chiropractic program](https://www.life.edu/academic-pages/chiropractic-program/), the largest single-campus chiropractic program in the world. Undergraduates can pursue [15 undergraduate degrees](https://www.life.edu/academic-pages/college-of-graduate-and-undergraduate-studies/) as well as a pre-chiropractic, degree-seeking pathway. [Three graduate degrees](https://www.life.edu/academic-pages/college-of-graduate-and-undergraduate-studies/) are available, encompassing areas of sport health science, clinical nutrition and positive psychology. Some degree programs are offered to distance learners through the [College of Online Education](https://www.life.edu/online/).

Life University [strives to empower our students](https://www.life.edu/about-pages/mission-and-values/) to succeed both professionally and personally. At LIFE, we innovate our approach to higher education, while also remaining true to [our philosophical commitment](https://www.life.edu/about-pages/mission-and-values/mission/) to produce informed leaders who exemplify humanistic values in their professions. To achieve this goal, LIFE recognizes and demonstrates its dedication through three official Life University Values: [Lasting Purpose](https://www.life.edu/about-pages/mission-and-values/lasting-purpose/), [Vitalism](https://www.life.edu/about-pages/mission-and-values/vitalism/) and [Integrity](https://www.life.edu/about-pages/mission-and-values/value-of-integrity/).

[LIFE’s 110-acre campus](https://www.life.edu/about-pages/basic-information/) in Marietta, Georgia, just northwest of Atlanta, is home to more than 2,800 undergraduate, graduate and professional students who come from all 50 United States and more than 45 countries.

For more information about LIFE’s Board of Trustees, visit [LIFE.edu/about-pages/University-Leadership/Board-of-Trustees](https://www.life.edu/about-pages/university-leadership/board-of-trustees/).

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**About Life University**

Life University is regionally accredited by the Southern Association of Colleges and Schools Commission on Colleges (SACSCOC) to award baccalaureate, master’s and Doctor of Chiropractic degrees, and also has programmatic accreditation through the Council on Chiropractic Education (CCE), the Accreditation Council for Education in Nutrition and Dietetics (ACEND) and the Commission on Accreditation of Athletic Training Education (CAATE). The mission of Life University is to empower students with the education, skills and values necessary for career success and life fulfillment, based on a vitalistic philosophy.

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